Department of Liberal Studies

Mission

The mission of the Liberal Studies Department is to provide two quality options for its students: an elementary subject-matter preparation program (Credential Option) that fulfills the standards of the California Commission on Teacher Credentialing; and a non-credential track (General Option) liberal arts experience.

Vision

The vision of the Liberal Studies Department is to provide an education that is supportive, integrative, multicultural, interdisciplinary, and rigorous in order to prepare our graduates for a seamless transition into a teacher credential program, a career in education, graduate studies, and overall success in either public sector or private sector careers.

Goals

The goals of the Liberal Studies Department are to provide its students with a broad and interdisciplinary liberal arts education that requires students to engage in the study of the following core areas: language arts, history and social science, math, science, visual and performing arts, physical education and health, and human development. In addition, they will also develop the academic competencies to better understand our diverse world. Students are also required to engage in field experience in the classroom (Credential Option) or service learning (General Option).

Graduates will have developed the ability to communicate effectively, to think critically, to conduct sound research, to understand global issues, to use knowledge in all aspects of life, to participate meaningfully as citizens, and to discover and apply worthwhile values.

Associate of Arts Degree in Liberal Studies

The curriculum in the Associate of Arts Degree is designed with a two-fold purpose:

• To provide students with knowledge and skills to enter the workforce.

Requirements

Students may graduate from NHU with an Associate of Arts Degree (A.A.) by satisfying the following requirements:

• Complete a minimum of 68 units of college credit;
• Meet requirements for the Core Courses;
• Meet requirements for the major as described in the catalog;
• Complete a minimum of 34 units in General Education;
• Attain an overall grade point average of “C” (2.0) or higher.

Note: The Associate degree requires fewer General Education courses than the Bachelor’s degree.

General Plan

| NHU Core Course | 10 units |
| General Education Courses | 34 units |
| Liberal Studies Courses | 24 units |
| - Lower Division (15 units) | |
| - Emphasis (9 units) | |
| Total | 68 units |

NHU Core Courses

| CS 100 | 3 units |
| Introduction to Computers |
| CS 103 | 3 units |
| Advanced Computer Applications |
| SPA 100 | 3 units |
| Elementary Spanish |
| OR |
| SPA 230 | 3 units |
| Spanish for the Spanish Speaker I |
| INF 100 | 1 unit |
| Information Competency |
General Education Courses

Area A: Communication in the English Language (9 units)

Oral Communication
SPC 100 3 units

Written Communication
ENG 100 3 units
English Composition and Reading

Critical Thinking
ENG 201 3 units
Critical Thinking, Reading, and Writing Across the Curriculum

or

PHL 200 3 units
Introduction to Logic

Area B: Physical Universe and its Life Forms (7 units)

Life Science
BIO 100 4 units
General Biology I

Mathematics
MAT 108 3 units
Number Systems

Area C: Arts, Literature, Philosophy, and Foreign Languages (9 units)

Arts
ART 100 3 units
Art Appreciation

Letters
PHL 100 3 units
Introduction to Philosophy

Humanities
ENG 250 3 units
Contemporary Multicultural Literature

Area D: Social, Political and Economic Institutions and Behavior (9 units)

Human Behavior
ANT 100 3 units
Introduction to Anthropology

or

PSY 100 3 units
Introduction to Psychology

Comparative Systems
HIS 100 3 units
U.S. History I

Social Issues
HIS 201 3 units
U.S. History II

Liberal Studies Courses Lower Division Requirements (15 units)

CHE 130 3 units
Chemistry

DAN 120 1.5 units
Dance

ETH 265 3 units
Minorities in the United States

MAT 200 3 units
Conceptual Geometry

MUS 120 1.5 units
Music

PHY 120 3 units
Physics

Emphasis Requirements (9 units)
Select Emphasis I or Emphasis II

Emphasis I - Cross Cultural Studies

The objective of the Cross Cultural Studies emphasis is to provide the student with an opportunity to analyze the different cultures and ethnic groups in the U.S. With this knowledge, the student will be able to contribute to the understanding and the cooperation among cultures in this country. Some of the places where this knowledge can be applied are in non-profit organizations, human resources offices, and as teachers.

EDU 250 3 units
Field Experience in the Classroom

or

LS 200 3 units
Liberal Studies Service Learning

ETH 134 3 units
Chicano/Latino Culture

Select one (1) class from the following:
ETH 317 3 units
African American Studies
ETH 318 3 units  
Asian American Studies
ETH 319 3 units  
Native American Studies

Emphasis II - Child Development
The objective of the Child Development emphasis is to provide students with a rich knowledge base of content, pedagogy and technology to address the diverse learning needs of a multicultural population. Some of the places where this knowledge can be applied are in day care centers and elementary schools.

CD 100 3 units  
Child, Growth, and Development
CD 200 3 units  
Child Development and  
Community Inter-relationships
EDU 250 3 units  
Field Experience in the Classroom

Bachelor of Arts in Liberal Studies  
(Credential Option)
In order to meet the academic requirements for graduation with a Bachelor of Arts Degree, students must:

• Complete a minimum of 126 semester units of college credit;
• Satisfy NHU General Education Breadth requirements as described in this Catalog;
• Meet requirements for the Core Courses;
• Meet requirements for the major as described in this catalog;
• Complete a minimum of the University’s 30 semester units residency requirement;
• Complete a minimum of 45 upper division units for graduation;
• Attain an overall grade point average of “C” (2.0) or higher with a “C” (2.0) or higher in all units attempted in the major;
• Satisfy the University’s writing skills requirement. This requirement is satisfied by passing the NHU Junior Writing Proficiency Exam;
• Satisfy the U.S. History and Constitution requirement. Taking HIS 100 and HIS 201 satisfies this requirement.

In addition, students must:
• File a formal application for a graduation with the Department Chair.
• Insure that all financial obligations to the University have been met, including payment of outstanding fees.

Requirements
Students who are candidates for the Bachelor’s Degree must satisfactorily complete the last 30 units of residency at NHU. All students must also satisfactorily complete a minimum of 15 upper division units in their major at NHU over and above those units satisfactorily completed in the equivalent major at another institution. These 15 units may be part of the last 30 residency units.

General Plan

NHU Core Courses  
13 units
General Education Courses  
49 units
- Lower Division (40 units)
- Upper Division (9 units)
Liberal Studies Courses  
64 units
- Lower Division (18 units)
- Upper Division (31 units)
- Emphasis (15 units)
Total  
126 units

NHU Core Courses

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
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<tbody>
<tr>
<td>CS 100</td>
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<tr>
<td>CS 103</td>
<td>3</td>
</tr>
<tr>
<td>SPA 100</td>
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<td>SPA 110</td>
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<td>SPA 231</td>
<td>3</td>
</tr>
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<td>INF 100</td>
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Introduction to Computers
Advanced Computer Applications
Elementary Spanish I
Elementary Spanish II
Spanish for the Spanish Speaker I
Spanish for the Spanish Speaker II
Information Competency
General Education Courses

Lower Division Requirements (40 units)

Area A: Communication in the English Language and Critical Thinking (9 units)

Oral Communication
  SPC 100  3 units
  Public Speaking

Written Communication
  ENG 100  3 units
  English Composition and Reading

Critical Thinking
  ENG 201  3 units
  Critical Thinking, Reading, and Writing Across the Curriculum
  or
  PHL 200  3 units
  Introduction to Logic

Area B: Physical Universe and its Life Forms (10 units)

Physical Science
  GEO 200  3 units
  Physical Geography

Life Science
  BIO 100  4 units
  General Biology

Mathematics
  MAT 108  3 units
  Number Systems

Area C: Arts, Literature, Philosophy, and Foreign Languages (9 units)

Arts
  ART 238  3 units
  Visual and Performing Arts

Letters
  PHL 100  3 units
  Introduction to Philosophy

Humanities
  ENG 250  3 units
  Contemporary Multicultural Literature

Area D: Social, Political and Economic Institutions and Behavior (9 units)

Human Behavior
  ANT 100  3 units
  Introduction to Anthropology
  PSY 100  3 units
  Introduction to Psychology

Comparative Systems
  HIS 100  3 units
  U.S. History I

Social Issues
  HIS 201  3 units
  U.S. History II

Area E: Lifelong Understanding and Self Development (3 units)

  ANT 125  3 units
  Human Understanding and Development
  or
  UNI 100  3 units
  First-Year Seminar

Upper Division Requirements (9 units)

Area I: Advanced Written Composition (3 units)

  ENG 300  3 units
  Advanced Writing Skills

Area II Human Expression Across the Globe (3 units)

  ENG 301  3 units
  World Literature
  or
  PHL 300  3 units
  Personal, Professional, and Social Ethics

Area III: World Issues and Problems (3 units)

  HIS 314  3 units
  World History I
  or
  SPC 300  3 units
  Argumentation and Advocacy of World Issues
## Liberal Studies Major Courses

### Lower Division Requirements (18 units)

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<td>ETH265</td>
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<td>MAT 200</td>
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<td>MUS 121</td>
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<td>PHY 120</td>
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### Upper Division Requirements (31 units)

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<th>Course</th>
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<tr>
<td>EDU 300</td>
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<td>EDU 447</td>
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<td>EDU 490</td>
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<td>ENG 302</td>
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<td>ENG 303</td>
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<td>ENG 401</td>
<td>3</td>
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<tr>
<td>ETH 400</td>
<td>3</td>
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<tr>
<td>GEO 300</td>
<td>3</td>
</tr>
<tr>
<td>HIS 313</td>
<td>3</td>
</tr>
</tbody>
</table>

### Emphasis Requirements (15 units)

Select Emphasis I, II, or Emphasis III.

#### Emphasis I - Cross Cultural Studies

The objective of the Cross Cultural Studies emphasis is to provide the student with an opportunity to analyze the different cultures and ethnic groups in the U.S. With this knowledge, the student will be able to contribute to the understanding and the cooperation among cultures in this country. Some of the places where this knowledge can be applied are in non-profit organizations, human resources offices, and as teachers. Student must select the two required courses and any three of the remaining courses:

- **EDU 250 (required)** 3 units  
  Field experience in the Classroom

- **ETH 432** 3 units  
  Advanced Multicultural Relations

Select any two (2) of the following courses:

- **ETH 317** 3 units  
  African American Studies

- **ETH 318** 3 units  
  Asian American Studies

- **ETH 319** 3 units  
  Native American Studies

Select one (1) of the following courses:

- **ANT 422** 3 units  
  Cultures of Mexico

- **ETH 301** 3 units  
  Chicano/Latino Literature

- **ETH 321** 3 units  
  Chicana/Latina Women in the U.S.

- **ETH 322** 3 units  
  Latin American Families in the U.S.
ETH 350  
Chicano History  3 units

ETH 351  
Mexican History  3 units

**Emphasis II - Child Development**

The objective of the Child Development emphasis is to provide students with a rich knowledge base of content, pedagogy and technology to address the diverse learning needs of a multicultural population. Some of the places where this knowledge can be applied are in day care centers and elementary schools. Students must select the three required courses and any two of the remaining courses:

- **CD 200 (required)**  
  Child, Development and Community Interrelationships  3 units

- **EDU 250 (required)**  
  Field Experience in the Classroom  3 units

- **CD 453**  
  (required capstone course)  3 units
  Research in Child Development

Select two (2) of the following courses:

- **CD 351**  
  Cultural Dimensions Related to Child Development  3 units

- **CD 352**  
  Cognitive and Language Development in Early Childhood  3 units

- **CD 454**  
  Practicum in Child Development II  3 units

- **ETH 265**  
  Minorities in the U.S.  3 units

- **PSY 325**  
  The Exceptional Child  3 units

**Emphasis III – Chicano/Latino Studies**

The Chicano/Latino Studies Emphasis is an interdisciplinary emphasis that provides a well-rounded introduction to the Chicano/Latino community. Students will gain an understanding of this community’s important historical, cultural, social and political issues. This community is the largest ethnic group in the region and has been dramatically underserved by social institutions, including higher education. The knowledge acquired in this emphasis will enable them to be more culturally competent as classroom teachers. Students must take fifteen units, which includes the required EDU 250 and ETH 432 courses.

- **EDU 250 (required)**  
  Field experience in the Classroom  3 units

- **ETH 432**  
  (required capstone course)  3 units
  Advanced Multicultural Relations

Select one (1) of the following courses:

- **ANT 422**  
  Cultures of Mexico  3 units

- **ETH 350**  
  Chicano History  3 units

- **ETH 351**  
  Mexican History  3 units

Select two (2) of the following courses:

- **ETH 301**  
  Chicano/Latino Literature  3 units

- **ETH 321**  
  Chicana/Latina Women in the U.S.  3 units

- **ETH 322**  
  Latin American Families in the U.S.  3 units

**Bachelor of Arts in Liberal Studies General Option**

In order to meet the academic requirements for graduation with a Bachelor of Arts Degree, students must:

- Complete a minimum of 126 units of college credit;
- Satisfy NHU General Education Breadth requirements as described in this Catalog;
- Meet requirements for the Core Courses;
- Meet requirements for the major as described in this catalog;
- Complete a minimum of the University’s 30 semester units residency requirement;
- Complete a minimum of 45 upper division units for graduation;
• Attain an overall grade point average of “C” (2.0) or higher with a “C” (2.0) or higher in all units attempted in the major;

• Satisfy the University’s writing skills requirement. This requirement is satisfied by passing NHU Junior Writing Proficiency Exam;

• Satisfy the U.S. History and Constitution requirement. Taking HIS 100 and HIS 201 satisfies this requirement.

In addition, students must:

• Insure that all financial obligations to the University have been met, including payment of outstanding fees.

Requirements

Students who are candidates for the Bachelor’s Degree must satisfactorily complete the last 30 units of residency at NHU. All students must also satisfactorily complete a minimum of 15 upper division units in their major at NHU over and above those units satisfactorily completed in the equivalent major at another institution. These 15 units may be part of the last 30 residency units.

General Plan

| NHU Core Courses | 13 units |
| General Education Courses | 49 units |
| - Lower Division (40 units) |  |
| - Upper Division (9 units) |  |
| Liberal Studies Courses | 64 units |
| - Lower Division (9 units) |  |
| - Upper Division (31 units) |  |
| - Emphasis (24 units) |  |
| Total | 126 units |

NHU Core Courses

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<tr>
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<tr>
<td>CS 100</td>
<td>3 units</td>
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<td>Introduction to Computers</td>
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<td>SPA 100</td>
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<td>Elementary Spanish I</td>
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<td>SPA 110</td>
<td>3 units</td>
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<td>Elementary Spanish II</td>
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<td>SPA 230</td>
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<td>Spanish for the Spanish Speaker I</td>
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<tr>
<td>SPA 231</td>
<td>3 units</td>
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<tr>
<td>Spanish for the Spanish Speaker II</td>
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<tr>
<td>INF 100</td>
<td>1 unit</td>
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<tr>
<td>Information Competency</td>
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General Education Courses

Lower Division Requirements (40 units)

Area A: Communication in the English Language and Critical Thinking (9 units)

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<thead>
<tr>
<th>Oral Communication</th>
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<tr>
<td>SPC 100</td>
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<td>Public Speaking</td>
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<th>Written Communication</th>
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<td>ENG 100</td>
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<tr>
<td>English Composition and Reading</td>
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<table>
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<tr>
<th>Critical Thinking</th>
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<tbody>
<tr>
<td>ENG 201</td>
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<tr>
<td>Critical Thinking, Reading, and Writing Across the Curriculum</td>
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<td>or</td>
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<tr>
<td>PHL 200</td>
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<tr>
<td>Introduction to Logic</td>
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Area B: Physical Universe and its Life Forms (10 units)

<table>
<thead>
<tr>
<th>Physical Science</th>
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<tr>
<td>GEO 200</td>
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<tr>
<td>Physical Geography</td>
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<table>
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<tr>
<th>Life Science</th>
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<tr>
<td>BIO 100</td>
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<tr>
<td>General Biology</td>
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<table>
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<tr>
<th>Mathematics</th>
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<tbody>
<tr>
<td>MAT 108</td>
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<tr>
<td>Number Systems</td>
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<tr>
<th>Area C: Arts, Literature, Philosophy, and Foreign Languages (9 units)</th>
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<tbody>
<tr>
<td>Arts</td>
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<td>ART 100</td>
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<tr>
<td>Art Appreciation</td>
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<td>or</td>
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</table>
ART238  3 units
Visual and Performing Arts-3 units

**Letters**

PHL 100  3 units
Introduction to Philosophy

**Humanities**

ENG 250  3 units
Contemporary Multicultural Literature

**Area D: Social, Political and Economic Institutions and Behavior (9 units)**

**Human Behavior**

ANT 100  3 units
Introduction to Anthropology

or

PSY 100  3 units
Introduction to Psychology

**Comparative Systems**

HIS 100  3 units
U.S. History I

**Social Issues**

HIS 201  3 units
U.S. History II

**Area E: Lifelong Understanding and Self Development (3 units)**

ANT 125  3 units
Human Understanding and Development

or

UNI 100  3 units
First-Year Seminar

**Upper Division Requirements (9 units)**

**Area III: World Issues and Problems (3 units)**

HIS 314  3 units
World History I

or

SPC 300  3 units
Argumentation and Advocacy of World Issues

**Liberal Studies Major Courses**

**Lower Division Requirements (9 units)**

ANT 100  3 units
Introduction to Anthropology

or

PSY 100  3 units
Introduction to Psychology

ETH 134  3 units
Chicano/Latino Culture

LS 200  3 units
Liberal Studies Service Learning

**Upper Division Requirements (31 units)**

LS 300  3 units
Gateway to Liberal Studies General Option

EDU 490  1 unit
Senior Seminar

ENG 302  3 units
American Literature I

ENG 303  3 units
American Literature II

ETH 400  3 units
Gender, Race and Culture in American Society
(Integrative Social Science Course)

GEO 300  3 units
Cultural Geography

HIS 313  3 units
California History

HIS 414  3 units
World History II

LIN 406  3 units
Comparative Linguistics
Emphasis Requirements (24 units)

Select Emphasis I or Emphasis II

Emphasis I - Cross Cultural Studies

The objective of the Cross Cultural Studies emphasis is to provide the student with an opportunity to analyze the different cultures and ethnic groups in the U.S. With this knowledge, the student will be able to contribute to the understanding and the cooperation among cultures in this country. The knowledge acquired in this emphasis will enable them to be more culturally competent in a wide variety of setting such as non-profit social service organizations and the private sector.

- ETH 265  -  Minorities in the United States  3 units
- ETH 317  African American Studies  3 units
- ETH 318  Asian American Studies  3 units
- ETH 319  Native American Studies  3 units
- ETH 432  (capstone course)  Advanced Multicultural Relations  3 units

Students may select any three of the following courses:

- ANT 422  Cultures of Mexico  3 units
- ETH 301  Chicano/Latino Literature  3 units
- ETH 321  Chicana/Latina Women in the U.S.  3 units
- ETH 322  Latin American Families in the U.S.  3 units

Emphasis II – Chicano/Latino Studies

The Chicano/Latino Studies Emphasis is an interdisciplinary emphasis that provides a well-rounded introduction to the Chicano/Latino community. Students will gain an understanding of this community’s important historical, cultural, social and political issues. This community is the largest ethnic group in the region and has been dramatically underserved by social institutions, including higher education. The knowledge acquired in this emphasis will enable them to be more culturally competent in a wide variety of setting such as non-profit social service organizations and the private sector.

- ANT 422  Cultures of Mexico  3 units
- ETH 265  Minorities in the United States  3 units
- ETH 301  Chicano/Latino Literature  3 units
- ETH 321  Chicana/Latina Women in the U.S.  3 units
- ETH 322  Latin American Families in the U.S.  3 units
- ETH 432  (capstone course)  Advanced Multicultural Relations  3 units