

Department of Liberal Studies

Mission

The mission of the Liberal Studies Department is to provide two quality options for its students: an elementary subject-matter preparation program (Credential Option) that fulfills the standards of the California Commission on Teacher Credentialing; and a non-credential track (General Option) liberal arts experience.

Vision

The vision of the Liberal Studies Department is to provide an education that is supportive, integrative, multicultural, interdisciplinary, and rigorous in order to prepare our graduates for a seamless transition into a teacher credential program, a career in education, graduate studies, and overall success in either public sector or private sector careers.

Goals

The goals of the Liberal Studies Department are to provide its students with a broad and interdisciplinary liberal arts education that requires students to engage in the study of the following core areas: language arts, history and social science, math, science, visual and performing arts, physical education and health, and human development. In addition, they will also develop the academic competencies to better understand our diverse world. Students are also required to engage in field experience in the classroom (Credential Option) or service learning (General Option).

Graduates will have developed the ability to communicate effectively, to think critically, to conduct sound research, to understand global issues, to use knowledge in all aspects of life, to participate meaningfully as citizens, and to discover and apply worthwhile values.

Associate of Arts Degree in Liberal Studies

The curriculum in the Associate of Arts Degree is designed with a two-fold purpose:

- To prepare the student to enter a four-year university to attain a Bachelor's degree for professional careers in related fields, and

- To provide students with knowledge and skills to enter the workforce.

Requirements

Students may graduate from NHU with an Associate of Arts Degree (A.A.) by satisfying the following requirements:

- Complete a minimum of 68 units of college credit;
- Meet requirements for the Core Courses;
- Meet requirements for the major as described in the catalog;
- Complete a minimum of 34 units in General Education;
- Attain an overall grade point average of "C" (2.0) or higher.

Note: The Associate degree requires fewer General Education courses than the Bachelor's degree.

General Plan

NHU Core Course	10 units
General Education Courses	34 units
Liberal Studies Courses	24 units
- Lower Division (15 units)	
- Emphasis (9 units)	
Total	68 units

NHU Core Courses

CS 100	3 units
Introduction to Computers	
CS 103	3 units
Advanced Computer Applications	
SPA 100	3 units
Elementary Spanish	
OR	
SPA 230	3 units
Spanish for the Spanish Speaker I	
INF 100	1 unit
Information Competency	

General Education Courses

Area A: Communication in the English Language (9 units)**Oral Communication**

SPC 100 3 units

Written CommunicationENG 100 3 units
English Composition and Reading**Critical Thinking**ENG 201 3 units
Critical Thinking, Reading, and
Writing Across the Curriculum*or*PHL 200 3 units
Introduction to Logic**Area B: Physical Universe and its Life Forms (7 units)****Life Science**BIO 100 4 units
General Biology I**Mathematics**MAT 108 3 units
Number Systems**Area C: Arts, Literature, Philosophy, and Foreign Languages (9 units)****Arts**ART 100 3 units
Art Appreciation**Letters**PHL 100 3 units
Introduction to Philosophy**Humanities**ENG 250 3 units
Contemporary Multicultural Literature**Area D: Social, Political and Economic Institutions and Behavior (9 units)****Human Behavior**ANT 100 3 units
Introduction to Anthropology*or*PSY 100 3 units
Introduction to Psychology**Comparative Systems**HIS 100 3 units
U.S. History I**Social Issues**HIS 201 3 units
U.S. History II

Liberal Studies Courses Lower Division Requirements (15 units)

CHE 130 3 units
ChemistryDAN 120 1.5 units
DanceETH 265 3 units
Minorities in the United StatesMAT 200 3 units
Conceptual GeometryMUS 120 1.5 units
MusicPHY 120 3 units
Physics

**Emphasis Requirements (9 units)
Select Emphasis I or Emphasis II**

Emphasis I - Cross Cultural Studies

The objective of the Cross Cultural Studies emphasis is to provide the student with an opportunity to analyze the different cultures and ethnic groups in the U.S. With this knowledge, the student will be able to contribute to the understanding and the cooperation among cultures in this country. Some of the places where this knowledge can be applied are in non-profit organizations, human resources offices, and as teachers.

EDU 250 3 units
Field Experience in the Classroom*or*LS 200 3 units
Liberal Studies Service LearningETH 134 3 units
Chicano/Latino Culture*Select one (1) class from the following:*ETH 317 3 units
African American Studies

ETH 318 3 units
Asian American Studies

ETH 319 3 units
Native American Studies

Emphasis II - Child Development

The objective of the Child Development emphasis is to provide students with a rich knowledge base of content, pedagogy and technology to address the diverse learning needs of a multicultural population. Some of the places where this knowledge can be applied are in day care centers and elementary schools.

CD 100 3 units
Child, Growth, and Development

CD 200 3 units
Child Development and
Community Inter-relationships

EDU 250 3 units
Field Experience in the Classroom

Bachelor of Arts in Liberal Studies (Credential Option)

In order to meet the academic requirements for graduation with a Bachelor of Arts Degree, students must:

- Complete a minimum of 126 semester units of college credit;
- Satisfy NHU General Education Breadth requirements as described in this Catalog;
- Meet requirements for the Core Courses;
- Meet requirements for the major as described in this catalog;
- Complete a minimum of the University's 30 semester units residency requirement;
- Complete a minimum of 45 upper division units for graduation;
- Attain an overall grade point average of "C" (2.0) or higher with a "C" (2.0) or higher in all units attempted in the major;
- Satisfy the University's writing skills requirement. This requirement is satisfied by passing the NHU Junior Writing Proficiency Exam;
- Satisfy the U.S. History and Constitution requirement. Taking HIS 100 and HIS 201 satisfies this requirement.

In addition, students must:

- File a formal application for a graduation with the Department Chair.
- Insure that all financial obligations to the University have been met, including payment of outstanding fees.

Requirements

Students who are candidates for the Bachelor's Degree must satisfactorily complete the last 30 units of residency at NHU. All students must also satisfactorily complete a minimum of 15 upper division units in their major at NHU over and above those units satisfactorily completed in the equivalent major at another institution. These 15 units may be part of the last 30 residency units.

General Plan

NHU Core Courses	13 units
General Education Courses	49 units
- Lower Division (40 units)	
- Upper Division (9 units)	
Liberal Studies Courses	64 units
- Lower Division (18 units)	
- Upper Division (31 units)	
- Emphasis (15 units)	
Total	126 units

NHU Core Courses

CS 100 3 units
Introduction to Computers

CS 103 3 units
Advanced Computer Applications

SPA 100 3 units
Elementary Spanish I

and

SPA 110 3 units
Elementary Spanish II

or

SPA 230 3 units
Spanish for the Spanish Speaker I

and

SPA 231 3 units
Spanish for the Spanish Speaker II

INF 100 1 unit
Information Competency

General Education Courses

Lower Division Requirements (40 units)**Area A: Communication in the English Language and Critical Thinking (9 units)****Oral Communication**SPC 100 3 units
Public Speaking**Written Communication**ENG 100 3 units
English Composition and Reading**Critical Thinking**ENG 201 3 units
Critical Thinking, Reading, and
Writing Across the Curriculum*or*PHL 200 3 units
Introduction to Logic**Area B: Physical Universe and its Life Forms (10 units)****Physical Science**GEO 200 3 units
Physical Geography**Life Science**BIO 100 4 units
General Biology**Mathematics**MAT 108 3 units
Number Systems**Area C: Arts, Literature, Philosophy, and Foreign Languages (9 units)****Arts**ART 238 3 units
Visual and Performing Arts**Letters**PHL 100 3 units
Introduction to Philosophy**Humanities**ENG 250 3 units
Contemporary Multicultural Literature**Area D: Social, Political and Economic Institutions and Behavior (9 units)****Human Behavior**ANT 100 3 units
Introduction to AnthropologyPSY 100 3 units
Introduction to Psychology**Comparative Systems**HIS 100 3 units
U.S. History I**Social Issues**HIS 201 3 units
U.S. History II**Area E: Lifelong Understanding and Self Development (3 units)**ANT 125 3 units
Human Understanding and Development*or*UNI 100 3 units
First-Year Seminar**Upper Division Requirements (9 units)****Area I: Advanced Written Composition (3 units)**ENG 300 3 units
Advanced Writing Skills**Area II Human Expression Across the Globe (3 units)**ENG 301 3 units
World Literature*or*PHL 300 3 units
Personal, Professional, and Social Ethics**Area III: World Issues and Problems (3 units)**HIS 314 3 units
World History I*or*SPC 300 3 units
Argumentation and Advocacy of World Issues

Liberal Studies Major Courses

Lower Division Requirements (18 units)

CHE 130 Chemistry	3 units
CD 100 Child Growth and Development	3 units
DAN 120 Dance	1.5 units
ETH265 Minorities in the U.S.	3 units
MAT 200 Conceptual Geometry	3 units
MUS 121 Music	1.5 units
PHY 120 Physics	3 units

Upper Division Requirements (31 units)

EDU 300 Gateway Experience	3 units
EDU 447 Theoretical Foundations of P.E. and Health Education for K-8	3 units
EDU 490 Senior Seminar	1 unit
ENG 302 American Literature I	3 units
<i>or</i>	
ENG 303 American Literature II	3 units
ENG 401 Multi-Ethnic Children Literature	3 units
ETH 400 Gender, Race and Culture in American Society (Integrative Social Science Course)	3 units
GEO 300 Cultural Geography	3 units
HIS 313 California History	3 units

HIS 414 3 units
World History II

LIN 406 3 units
Comparative Linguistics

MAT 312 3 units
Educational Statistics

Emphasis Requirements (15 units)

Select Emphasis I, II, or Emphasis III.

Emphasis I - Cross Cultural Studies

The objective of the Cross Cultural Studies emphasis is to provide the student with an opportunity to analyze the different cultures and ethnic groups in the U.S. With this knowledge, the student will be able to contribute to the understanding and the cooperation among cultures in this country. Some of the places where this knowledge can be applied are in non-profit organizations, human resources offices, and as teachers. Student must select the two required courses and any three of the remaining courses:

EDU 250 (required) 3 units
Field experience in the Classroom

ETH 432
(required capstone course) 3 units
Advanced Multicultural Relations

Select any two (2) of the following courses:

ETH 317 3 units
African American Studies

ETH 318 3 units
Asian American Studies

ETH 319 3 units
Native American Studies

Select one (1) of the following courses:

ANT 422 3 units
Cultures of Mexico

ETH 301 3 units
Chicano/Latino Literature

ETH 321 3 units
Chicana/Latina Women in the U.S.

ETH 322 3 units
Latin American Families in the U.S.

ETH 350 3 units
Chicano History

ETH 351 3 units
Mexican History

Emphasis II - Child Development

The objective of the Child Development emphasis is to provide students with a rich knowledge base of content, pedagogy and technology to address the diverse learning needs of a multicultural population. Some of the places where this knowledge can be applied are in day care centers and elementary schools. Students must select the three required courses and any two of the remaining courses:

CD 200 (required) 3 units
Child, Development and Community
Interrelationships

EDU 250 (required) 3 units
Field Experience in the Classroom

CD 453
(required capstone course) 3 units
Research in Child Development

Select two (2) of the following courses:

CD 351 3 units
Cultural Dimensions Related to Child
Development

CD 352 3 units
Cognitive and Language Development in
Early Childhood

CD 454 3 units
Practicum in Child Development II

ETH 265 3 units
Minorities in the U.S.

PSY 325 3 units
The Exceptional Child

Emphasis III – Chicano/Latino Studies

The Chicano/Latino Studies Emphasis is an interdisciplinary emphasis that provides a well-rounded introduction to the Chicano/Latino community. Students will gain an understanding of this community's important historical, cultural, social and political issues. This community is the largest ethnic group in the region and has been dramatically underserved by social institutions, including higher education. The knowledge acquired in this emphasis

will enable them to be more culturally competent as classroom teachers. Students must take fifteen units, which includes the required EDU 250 and ETH 432 courses.

EDU 250 (required) 3 units
Field experience in the Classroom

ETH 432
(required capstone course) 3 units
Advanced Multicultural Relations

Select one (1) of the following courses:

ANT 422 3 units
Cultures of Mexico

ETH 350 3 units
Chicano History

ETH 351 3 units
Mexican History

Select two (2) of the following courses:

ETH 301 3 units
Chicano/Latino Literature

ETH 321 3 units
Chicana/Latina Women in the U.S.

ETH 322 3 units
Latin American Families in the U.S.

Bachelor of Arts in Liberal Studies General Option

In order to meet the academic requirements for graduation with a Bachelor of Arts Degree, students must:

- Complete a minimum of 126 units of college credit;
- Satisfy NHU General Education Breadth requirements as described in this Catalog;
- Meet requirements for the Core Courses;
- Meet requirements for the major as described in this catalog;
- Complete a minimum of the University's 30 semester units residency requirement;
- Complete a minimum of 45 upper division units for graduation;

- Attain an overall grade point average of “C” (2.0) or higher with a “C” (2.0) or higher in all units attempted in the major;
- Satisfy the University’s writing skills requirement. This requirement is satisfied by passing NHU Junior Writing Proficiency Exam;
- Satisfy the U.S. History and Constitution requirement. Taking HIS 100 and HIS 201 satisfies this requirement.

In addition, students must:

- Insure that all financial obligations to the University have been met, including payment of outstanding fees.

Requirements

Students who are candidates for the Bachelor’s Degree must satisfactorily complete the last 30 units of residency at NHU. All students must also satisfactorily complete a minimum of 15 upper division units in their major at NHU over and above those units satisfactorily completed in the equivalent major at another institution. These 15 units may be part of the last 30 residency units.

General Plan

NHU Core Courses	13 units
General Education Courses	49 units
- Lower Division (40 units)	
- Upper Division (9 units)	
Liberal Studies Courses	64 units
- Lower Division (9 units)	
- Upper Division (31 units)	
- Emphasis (24 units)	
Total	126 units

NHU Core Courses

CS 100	3 units
Introduction to Computers	
CS 103	3 units
Advanced Computer Applications	
SPA 100	3 units
Elementary Spanish I	
<i>and</i>	
SPA 110	3 units
Elementary Spanish II	
<i>or</i>	

SPA 230 3 units
Spanish for the Spanish Speaker I
And

SPA 231 3 units
Spanish for the Spanish Speaker II

INF 100 1 unit
Information Competency

General Education Courses

Lower Division Requirements (40 units)

Area A: Communication in the English Language and Critical Thinking (9 units)

Oral Communication

SPC 100 3 units
Public Speaking

Written Communication

ENG 100 3 units
English Composition and Reading

Critical Thinking

ENG 201 3 units
Critical Thinking, Reading, and
Writing Across the Curriculum

or

PHL 200 3 units
Introduction to Logic

Area B: Physical Universe and its Life Forms (10 units)

Physical Science

GEO 200 3 units
Physical Geography

Life Science

BIO 100 4 units
General Biology

Mathematics

MAT 108 3 units
Number Systems

Area C: Arts, Literature, Philosophy, and Foreign Languages (9 units)

Arts

ART 100 3 units
Art Appreciation

or

ART238 3 units
Visual and Performing Arts-3 units

Letters

PHL 100 3 units
Introduction to Philosophy

Humanities

ENG 250 3 units
Contemporary Multicultural Literature

Area D: Social, Political and Economic Institutions and Behavior (9 units)

Human Behavior

ANT 100 3 units
Introduction to Anthropology

or

PSY 100 3 units
Introduction to Psychology

Comparative Systems

HIS 100 3 units
U.S. History I

Social Issues

HIS 201 3 units
U.S. History II

Area E: Lifelong Understanding and Self Development (3 units)

ANT 125 3 units
Human Understanding and Development

or

UNI 100 3 units
First-Year Seminar

Upper Division Requirements (9 units)

Area I: Advanced Written Composition (3 units)

ENG 300 3 units
Advanced Writing Skills

Area II Human Expression Across the Globe (3 units)

ENG 301 3 units
World Literature

or

PHL 300 3 units
Personal, Professional, and Social Ethics

Area III: World Issues and Problems (3 units)

HIS 314 3 units
World History I

or

SPC 300 3 units
Argumentation and Advocacy of World Issues

Liberal Studies Major Courses

Lower Division Requirements (9 units)

ANT 100 3 units
Introduction to Anthropology

or

PSY 100 3 units
Introduction to Psychology

ETH134 3 units
Chicano/Latino Culture

LS200 3 units
Liberal Studies Service Learning

Upper Division Requirements (31 units)

LS 300 3 units
Gateway to Liberal Studies General Option

EDU 490 1 unit
Senior Seminar

ENG 302 3 units
American Literature I

ENG 303 3 units
American Literature II

ETH 400 3 units
Gender, Race and Culture in American Society
(Integrative Social Science Course)

GEO 300 3 units
Cultural Geography

HIS 313 3 units
California History

HIS 414 3 units
World History II

LIN 406 3 units
Comparative Linguistics

MAT 312 3 units
Educational Statistics

PHL 300 3 units
Personal, Professional, and Social Ethics

ETH 350 3 units
Chicano History

ETH 351 3 units
Mexican History

Emphasis Requirements (24 units)

Select Emphasis I or Emphasis II

Emphasis I - Cross Cultural Studies

The objective of the Cross Cultural Studies emphasis is to provide the student with an opportunity to analyze the different cultures and ethnic groups in the U.S. With this knowledge, the student will be able to contribute to the understanding and the cooperation among cultures in this country. The knowledge acquired in this emphasis will enable them to be more culturally competent in a wide variety of setting such as non-profit social service organizations and the private sector.

ETH 265 - 3 units
Minorities in the United States

ETH 317 3 units
African American Studies

ETH 318 3 units
Asian American Studies

ETH 319 3 units
Native American Studies

ETH 432 3 units
(capstone course)
Advanced Multicultural Relations

Students may select any three of the following courses:

ANT 422 3 units
Cultures of Mexico

ETH 301 3 units
Chicano/Latino Literature

ETH 321 3 units
Chicana/Latina Women in the U.S.

ETH 322 3 units
Latin American Families in the U. S.

Emphasis II – Chicano/Latino Studies

The Chicano/Latino Studies Emphasis is an interdisciplinary emphasis that provides a well-rounded introduction to the Chicano/Latino community. Students will gain an understanding of this community's important historical, cultural, social and political issues. This community is the largest ethnic group in the region and has been dramatically underserved by social institutions, including higher education. The knowledge acquired in this emphasis will enable them to be more culturally competent in a wide variety of setting such as non-profit social service organizations and the private sector.

ANT 422 3 units
Cultures of Mexico

ETH 265 3 units
Minorities in the United States

ETH 301 3 units
Chicano/Latino Literature

ETH 321 3 units
Chicana/Latina Women in the U.S.

ETH 322 3 units
Latin American Families in the U.S.

ETH 350 3 units
Chicano History

ETH 351 3 units
Mexican History

ETH 432 3 units
(capstone course)
Advanced Multicultural Relations