

## **Department of Liberal Studies**

### **Mission**

The mission of the Liberal Studies Department is to provide two quality options for its students: an elementary subject-matter preparation program (Credential Option) that fulfills the standards of the California Commission on Teacher Credentialing; and a non-credential track (General Option) liberal arts experience.

### **Vision**

The vision of the Liberal Studies Department is to provide an education that is supportive, integrative, multicultural, interdisciplinary, and rigorous in order to prepare our graduates for a seamless transition into a teacher credential program, a career in education, graduate studies, and overall success in either public sector or private sector careers.

### **Goals**

The goals of the Liberal Studies Department are to provide its students with a broad and interdisciplinary liberal arts education that requires them to engage in the study of the following core areas: language arts, history and social science, math, science, visual and performing arts, physical education and health, and human development. In addition, they will also develop the academic competencies to better understand our diverse world. Students are also required to engage in field experience in the classroom (Credential Option) or service learning (General Option).

Graduates will have developed the ability to communicate effectively, to think critically, to conduct sound research, to understand global issues, to use knowledge in all aspects of life, to participate meaningfully as citizens, and to discover and apply worthwhile values.

### **Associate of Arts Degree in Liberal Studies**

The curriculum in the Associate of Arts Degree is designed with a two-fold purpose:

- To prepare the student to enter a four-year university to attain a Bachelor Degree for professional careers in related fields
- To provide students with knowledge and skills to enter the workforce

### ***Completion Requirements***

Students may graduate from NHU with an Associate of Arts Degree by satisfying the following requirements:

- Complete a minimum of 68 units of college credit
- Meet requirements for the Core Courses
- Meet requirements for the major as described in the catalog
- Complete a minimum of 34 units in General Education
- Attain an overall GPA of "C" (2.0) or higher

*Note: The Associate degree requires fewer General Education courses than the Bachelor Degree.*

## ***Degree Requirements***

- General Education Courses .....40 units
- Liberal Studies Courses (Lower Division) .....28 units

**Total = 68 units**

### **General Education Courses (40 units)**

- See the General Education section of this catalog.

### **Lower Division Requirements (28 units)**

- CD 100 Child Growth and Development (3)
- CHE 130 Chemistry (3)
- CS 120 Integrated Computer Applications (3)
- ETH 265 Minorities in the United States (3)
- MAT 200 Conceptual Geometry (3)
- PHY 120 Physics (3)
- SPAN Any Advisor Approved Spanish Courses (10)

## ***Program Data***

NHU is committed to providing the information students need to make an informed decision about where they pursue their education. Please follow the link below for detailed information relating to program costs, types of occupations this program may lead to, completion rate, and median loan debt of students who have graduated from this program.

**Occupations** - This program generally prepares students to enter the types of occupations listed below, depending upon the concentration chosen. For more information on these specific occupations, visit [www.onetonline.org](http://www.onetonline.org). In addition to this list, there are other career options that graduates of this program may choose to pursue.

<b>Occupation Name*</b>	<b>Occupation Code*</b>
Childcare Workers	39-9011
Teacher Assistants	25-9041

*\*The "occupation name" is a general job title. "Occupation code" refers to the US Bureau of Labor Statistics' Standard Occupation Classification.*

**Program Completion** - This program had fewer than 10 graduates during July 1, 2009, to June 30, 2010. As a result, NHU does not disclose this information in order to protect students' privacy per U.S. Department of Education guidelines.

**Program Costs** - The total program costs are the estimated average costs over the duration of the program, excluding any scholarship or tuition reductions, for students completing the program on time. These costs can vary based on the number of units. Typically, tuition and fees are subject to change annually.

- Tuition and Fees .....\$22,556
- Books and Supplies.....\$3,400
- Room and Board.....Not applicable

**Median Loan Debt** - This program had fewer than 10 graduates during July 1, 2009, to June 30, 2010. As a result, NHU does not disclose this information in order to protect students' privacy per US Department of Education guidelines.

## **Bachelor of Arts in Liberal Studies (Credential Option)**

### ***Completion Requirements***

To meet the academic requirements for graduation with a Bachelor of Arts Degree, students must:

- Complete a minimum of 126 semester units of college credit
- Satisfy General Education Breadth requirements as described in this catalog
- Meet requirements for the major as described in this catalog
- Complete a minimum of the University's 30 semester units residency requirement
- Complete a minimum of 15 upper division units in their major at NHU over and above those units satisfactorily completed in the equivalent major at another institution (these 15 units may be part of the last 30 residency units)
- Complete a minimum of 45 upper division units for graduation
- Attain an overall GPA of "C" (2.0) or higher with a "C" (2.0) or higher in all units attempted in the major
- Satisfy NHU's writing skills requirement (pass the NHU Junior Writing Proficiency Exam)
- Satisfy the US History and Constitution requirement by selecting ***either*** Sequence 1: American History I and II or Sequence 2: American Government and US History

In addition, students must:

- File a formal application for a graduation with the Department Chair
- Ensure that all financial obligations to the University have been met, including payment of outstanding fees

### ***Degree Requirements***

- General Education Courses ..... 49 units
  - Lower Division (40 units)
  - Upper Division (9 units)
- Liberal Studies Courses ..... 77 units
  - Lower Division (31 units)
  - Upper Division (31 units)
  - Concentration (15 units)

**Total - 126 units**

#### **General Education Courses (49 units)**

- See the General Education section of this catalog.

## ***Liberal Studies Major Courses***

### **Lower Division Requirements (31 units)**

- CD 100 Child Growth and Development (3)
- CHE 130 Chemistry (3)
- CS 120 Integrated Computer Applications (3)
- DAN 120 Dance (1.5)
- ETH 265 Minorities in the US (3)
- MAT 200 Conceptual Geometry (3)
- MUS 121 Music (1.5)
- PHY 120 Physics (3)
- SPAN Any Advisor Approved Spanish Courses (10)

### **Upper Division Requirements (31 units)**

- EDU 300 Gateway Experience (3)
- EDU 447 Theoretical Foundations of P.E. and Health Education for K-8 (3)
- EDU 490 Senior Seminar (1)
- ENG 302 American Literature I (3) ***or*** ENG 303 American Literature II (3)
- ENG 401 Multi-Ethnic Children Literature (3)
- ETH 400 Gender, Race and Culture in American Society (Integrative Social Science Course) (3)
- GEO 300 Cultural Geography (3)
- HIS 313 California History (3)
- HIS 414 World History II (3) (***Note:*** *This course cannot count toward general education credit in this program.*)
- LIN 406 Comparative Linguistics (3)
- MAT 312 Educational Statistics (3)

### **Credential Option Concentration Requirements (15 units)**

- Students must select one concentration.

#### ***Concentration I - Cross Cultural Studies***

The objective of the Cross Cultural Studies concentration is to provide the student with an opportunity to analyze the different cultures and ethnic groups in the United States. With this knowledge, the student will be able to contribute to the understanding and the cooperation among cultures in this country. Some of the places where this knowledge can be applied are in non-profit organizations, human resources offices, and as teachers. Students must complete the two required courses and three additional elective courses from two additional categories:

### **Required Courses**

- EDU 250 Field experience in the Classroom (3)
- ETH 432 Advanced Multicultural Relations (Capstone Course) (3)

Select any two (2) of the following courses:

- ETH 317 African American Studies (3)
- ETH 318 Asian American Studies (3)
- ETH 319 Native American Studies (3)


Select one (1) of the following courses:

- ANT 422 Cultures of Mexico (3)
- ETH 301 Chicano/Latino Literature (3)
- ETH 321 Chicana/Latina Women in the US (3)
- ETH 322 Latin American Families in the US (3)
- ETH 350 Chicano History (3)
- ETH 351 Mexican History (3)




### ***Concentration II - Child Development***

The objective of the Child Development concentration is to provide students with a rich knowledge base of content, pedagogy, and technology to address the diverse learning needs of a multicultural population. Some of the places where this knowledge can be applied are in day care centers and elementary schools. Students must complete the three required courses and two additional elective courses:

### **Required Courses**

- CD 200 Child Development and Community Interrelationships (3)
- CD 453 Research in Child Development (Capstone Course) (3) 
- EDU 250 Field Experience in the Classroom (3)

Select two (2) of the following courses:

- CD 351 Cultural Dimensions Related to Child Development (3)
- CD 352 Cognitive and Language Development in Early Childhood (3) 
- CD 454 Practicum in Child Development II (3) 
- ETH 265 Minorities in the US (3)
- PSY 325 The Exceptional Child (3) 

### ***Concentration III – Chicano/Latino Studies***

The Chicano/Latino Studies Concentration is an interdisciplinary concentration that provides a well-rounded introduction to the Chicano/Latino community. Students will gain an understanding of this community's important historical, cultural, social, and political issues. This community is the largest ethnic group in the region and has been dramatically underserved by social institutions, including higher

education. The knowledge acquired in this concentration will enable them to be more culturally competent as classroom teachers.

Students must complete 15 units, including two required courses and three elective courses from two additional categories:

#### **Required Courses**

- EDU 250 Field experience in the Classroom (3)
- ETH 432 Advanced Multicultural Relations (Capstone Course) (3)

Select one (1) of the following courses:

- ANT 422 Cultures of Mexico (3)
- ETH 350 Chicano History (3)
- ETH 351 Mexican History (3)

Select two (2) of the following courses:

- ETH 301 Chicano/Latino Literature (3)
- ETH 321 Chicana/Latina Women in the U. S. (3)
- ETH 322 Latin American Families in the U. S. (3)

#### ***Concentration IV – Social Science and Social Issues***

This concentration allows students to apply social science approaches to the complex problems facing the Latino community in the 21st Century. This program will enable Liberal Studies students who desire careers in public service to use the theories and methodologies of social science to better understand Latinos. The course of study will help prepare students to have successful careers working in education, government, social services, and community organizing:

#### **Lower Division Required Course**

- EDU 250 Field Experience in the Classroom (3)

Select one of the following courses:

- ANT 100 Introduction to Anthropology (3)
- ANT 125 Human Understanding and Development (3)
- BUS 120 Principles of Microeconomics (3)
- BUS 121 Principles of Microeconomics (3)
- POLI 101 American Government and Politics (3)
- SOC 200 Introduction to Social Work (3)

#### **Upper Division Required Course**

- ETH 432 Advanced Multicultural Relations (Capstone Course) (3).

Select two of the following courses:

- ETH 310 Latinos and Social Institutions (3)
- POLI 300 Latino Politics and Public Policy (3)
- POLI 350 Introduction to Public Administration (3)

### ***Concentration V – Spanish***

A strong academic program in Spanish literature and language is ideal for NHU students, as well as for the state, region and country.

#### **Required Courses**

- EDU 250 Field Experience in the Classroom (3)
- SPAN 301 Advanced Grammar and Composition (3)
- SPAN 305 Latin American Literature (3)
- SPAN 330 Spanish Professional Communication Skills (3)
- SPAN 335 Introduction to Linguistics (3)

### **Bachelor of Arts in Liberal Studies (General Option)**

To meet the academic requirements for graduation with a Bachelor of Arts Degree, students must:

- Complete a minimum of 126 semester units of college credit
- Satisfy NHU General Education Breadth requirements as described in this catalog
- Meet requirements for the major as described in this catalog
- Complete a minimum of the university’s 30 semester units residency requirement
- Complete a minimum of 15 upper division units in their major at NHU over and above those units satisfactorily completed in the equivalent major at another institution (these 15 units may be part of the last 30 residency units)
- Complete a minimum of 45 upper division units for graduation
- Attain an overall GPA of “C” (2.0) or higher with a “C” (2.0) or higher in all units attempted in the major
- Satisfy NHU’s writing skills requirement (pass Junior Writing Proficiency Exam0
- Satisfy the US History and Constitution requirement by selecting **either** Sequence 1: American History I and II (HIS 100 **and** HIS 201) or Sequence 2: American Government and US History HIS 201 **and** POL 101).

In addition, students must:

- Ensure that all financial obligations to the University have been met, including payment of outstanding fees
- File a formal application for a graduation with the Department Chair

#### ***Degree Requirements***

- General Education Courses ..... 49 units
  - Lower Division (40)
  - Upper Division (9)

- Liberal Studies Courses ..... 77 units
  - Lower Division (22)
  - Upper Division (31)
  - Concentration (24)

**Total = 126 units**

**General Education Courses (49 units)**

- See the General Education section of this catalog.

***Liberal Studies Major Courses***

**Lower Division Requirements (22 units)**

- ANT 100 Introduction to Anthropology (3) **or** PSY 100 Introduction to Psychology (3)
- CS 120 Integrated Computer Applications (3)
- ETH 134 Chicano/Latino Culture (3)
- LS 200 Liberal Studies Service Learning (3)
- SPAN xxx Any Advisor Approved Spanish Courses (10)

**Upper Division Requirements (31 units)**

- EDU 490 Senior Seminar (1)
- ENG 302 American Literature I (3)
- ENG 303 American Literature II (3)
- ETH 400 Gender, Race and Culture in American Society (Integrative Social Science Course) (3)
- GEO 300 Cultural Geography (3)
- HIS 313 California History (3)
- HIS 414 World History II (3) (**Note:** *This course cannot count toward general education credit in this program.*)
- LIN 406 Comparative Linguistics (3)
- LS 300 Gateway to Liberal Studies General Option (3)
- MAT 312 Educational Statistics (3)
- PHL 300 Personal, Professional, and Social Ethics (3)

***Concentration I - Cross Cultural Studies***

The objective of the Cross Cultural Studies concentration is to provide the student with an opportunity to analyze the different cultures and ethnic groups in the United States. With this knowledge, the student will be able to contribute to the understanding and the cooperation among cultures in this country. The knowledge acquired in this concentration will enable them to be more culturally competent in a wide variety of settings such as non-profit social service organizations and the private sector.

### **Required Courses**

- ETH 265 Minorities in the United States (3)
- ETH 317 African American Studies (3)
- ETH 318 Asian American Studies (3)
- ETH 319 Native American Studies (3)
- ETH 432 Advanced Multicultural Relations (Capstone Course) (3)

Select three (3) of the following courses:

- ANT 422 Cultures of Mexico (3)
- ETH 301 Chicano/Latino Literature (3)
- ETH 321 Chicana/Latina Women in the U. S. (3)
- ETH 322 Latin American Families in the U. S. (3)
- ETH 350 Chicano History (3)
- ETH 351 Mexican History (3)

### ***Concentration II – Chicano/Latino Studies***

The Chicano/Latino Studies Concentration is an interdisciplinary emphasis that provides a well-rounded introduction to the Chicano/Latino community. Students will gain an understanding of this community's important historical, cultural, social, and political issues. This community is the largest ethnic group in the region and has been dramatically underserved by social institutions, including higher education. The knowledge acquired in this concentration will enable them to be more culturally competent in a wide variety of settings such as non-profit social service organizations and the private sector.

### **Required Courses**







- ANT 422 Cultures of Mexico (3)
- ETH 265 Minorities in the United States (3)
- ETH 301 Chicano/Latino Literature (3)
- ETH 321 Chicana/Latina Women in the US (3)
- ETH 322 Latin American Families in the US (3)
- ETH 350 Chicano History (3)
- ETH 351 Mexican History (3)
- ETH 432 Advanced Multicultural Relations (Capstone Course) (3)

### ***Concentration III – Criminal Justice***

Drugs, gangs, and organized crime present numerous challenges to our society. This concentration gives the student an opportunity to examine the criminal justice system with a focus on Latinos and the law. Students develop an understanding of the criminal justice system in the US and delve into subjects such as contemporary criminal justice systems, psychological disorders and crime, and organized crime.

Students explore special issues related to adolescents and young adults in the juvenile justice system, and learn about alternative approaches to juvenile delinquency that can achieve better social outcomes.

### **Required Courses**



- CRJS 101 Contemporary Criminal Justice Systems (3) 
- CRJS 201 Introduction to Law Enforcement and Corrections (3) 
- CRJS 300 Juvenile Delinquency and Juvenile Justice Reform (3) 
- CRJS 350 Gangs, Organized Crime, and Drugs (3) 
- POL 400 Latinos and the Law (3) 
- PSY 300 Developmental Psychology: Adolescence (3)
- PSY 315 Psychological Disorders and Crime (3) 
- Soc Sci 453 Social Science Capstone (3)

### ***Concentration IV—Political Science and Public Affairs***

Public policy shapes our society and impacts the Latino experience in the United States. With this concentration, the student will gain an understanding for how public policy is made and administered and explore social justice as it relates to Latino politics and other societal groups.

The coursework includes an overview of global social justice with a focus on US Latinos and Latin America. Students will explore research methods, review the fundamentals of American government, and study the specifics of Latinos and the law.

### **Required Courses**

- ETH 310 Latinos and Social Institutions (3)
- POL 101 Introduction to American Government (3)
- POL 302 The Making of Public Policy (3)
- POL 300 Latinos and Public Policy (3)
- POL 340 Global Social Justice: U.S. Latinos and Latin America (3) 
- POL 350 Public Administration (3)
- POL 400 Latinos and the Law (3) 
- SOSOC 453 Social Science Capstone (3)

### ***Concentration V—Psychology***



Immigrant and lower-income Latino populations face a variety of psychological challenges. By cultivating an understanding of the intricacies of human behavior and community mental health, the student can make a difference in the lives of people, especially Latino adults and children.

The student will have the opportunity to study major areas of psychology, including personality theory, developmental psychology, and social psychology, applicable to all societal groups. Combined with their heritage and language skills, this concentration will help students promote better emotional health in their communities. In a signature course, students learn best practices from real-world case studies of community mental health agencies successfully serving Hispanic and other communities.

### **Required Courses**

- PSY 100 Introduction to Psychology (3)
- PSY 205 Social Psychology (3)
- PSY 300 Developmental Psychology: Adolescence (3)

### **OR**

- PSY 305 Developmental Psychology: Lifespan (3)
- PSY 310 Personality Theory (3)
- PSY 315 Psychological Disorders and Crime (3) 
- PSY 350 Latino Psychology (3)
- PSY 450 Community Mental Health (3) 
- SOSOC 453 Social Science Capstone (3)

### ***Concentration IV – Social Science and Social Issues***

This concentration allows students to apply social science approaches to the complex problems facing the Latino community in the 21st Century. This program will enable Liberal Studies students who desire careers in public service to use the theories and methodologies of social science to better understand Latinos. The course of study will help prepare students to have successful careers working in education, government, social services, and community organizing:

#### **Lower Division (9 units)**

Students must select three (3) of the following courses:

- ANT 100 Introduction to Anthropology (3)
- ANT 125 Human Understanding and Development (3)
- BUS 120 Principles of Microeconomics (3)
- BUS 121 Principles of Microeconomics (3)
- POLI 101 American Government and Politics (3)
- PSY 100 Introduction to Psychology (3)
- SOC 100 Introduction to Sociology (3)
- SOC 200 Introduction to Social Work (3)

#### **Required Upper Division (12 units)**

- ETH 310 Latinos and Social Institutions (3)
- ETH 432 Advanced Multicultural Relations (Capstone Course) (3)
- POLI 300 Latino Politics and Public Policy (3)
- POLI 350 Introduction to Public Administration (3)

### **Elective Course**

Students must complete one (1) of the following courses:

- ETH 321 Chicana/Latina Women in the US (3)
- ETH 322 Latin American Families in the US (3)
- ETH 350 Chicano History (3)

### ***Concentration VII – Spanish***

A strong academic program in Spanish literature and language is ideal for NHU students, as well as for the state, region, and country.

#### **Required Courses (15 units)**

- SPAN 301 Advanced Grammar and Composition (3)
- SPAN 305 Latin American Literature (3)
- SPAN 310 Latin American Civilization and Culture (3)
- SPAN 330 Spanish Professional Communication Skills (3)
- SPAN 335 Introduction to Linguistics (3)

#### **Elective Courses (9 units)**

Students must select any three of the following courses (9 Units):

- SPAN 306 Introduction to Iberian Literature (3)
- SPAN 311 Iberian Civilization and Culture (3)
- SPAN 312 Chicano Civilization and Culture (3)
- SPAN 320 Vive el Teatro (3)
- SPAN 401 Mexican Literature (3)
- SPAN 420 Hispanic Literary Genres (3)
- SPAN 450 Special Topics in Spanish (3)

### ***Concentration VIII – Translation and Interpretation***

Organizations and businesses need skilled and trained professionals to help overcome potential language barriers. This concentration will prepare bilingual students to become highly competent in the art of translation and interpretation.

Students must be able to speak, read, and write at an advanced level in English and Spanish to be admitted into this concentration. Fluency is determined by an interview with the director of the program and by a placement examination upon selection of this concentration. Students may obtain the Translation and Interpretation Certificate without enrolling in the BA in Liberal Studies program.

#### **Required Courses (9 units)**

- T&I 205 Syntax and Discourse Analysis I (3)
- T&I 305 Translation Theory and Technique I (3)
- T&I 306 Interpretation Theory and Technique I (3)

**Elective courses (12 units)**

- T&I 314 Banking, Commerce, and Finance (3)
- T&I 315 Political, Government & International Relations (3)
- T&I 316 Medical Translations: Anatomy (3)
- T&I 318 Medical Translations: Diseases and Treatment (3)
- T&I 410 Computes and Technology (3)
- T&I 413 Legal Translations (3)
- T&I 414 Legal Interpretation (3)

**Select any university elective course (3 units)**