Department of Liberal Studies

Mission

The mission of the Liberal Studies Department is to provide two quality options for its students: an elementary subject-matter preparation program (Credential Option) that fulfills the standards of the California Commission on Teacher Credentialing; and a non-credential track (General Option) liberal arts experience.

Vision

The vision of the Liberal Studies Department is to provide an education that is supportive, integrative, multicultural, interdisciplinary, and rigorous in order to prepare our graduates for a seamless transition into a teacher credential program, a career in education, graduate studies, and overall success in either public sector or private sector careers.

Goals

The goals of the Liberal Studies Department are to provide its students with a broad and interdisciplinary liberal arts education that requires students to engage in the study of the following core areas: language arts, history and social science, math, science, visual and performing arts, physical education and health, and human development. In addition, they will also develop the academic competencies to better understand our diverse world. Students are also required to engage in field experience in the classroom (Credential Option) or service learning (General Option).

Graduates will have developed the ability to communicate effectively, to think critically, to conduct sound research, to understand global issues, to use knowledge in all aspects of life, to participate meaningfully as citizens, and to discover and apply worthwhile values.

Associate of Arts Degree in Liberal Studies

The curriculum in the Associate of Arts Degree is designed with a two-fold purpose:

- To prepare the student to enter a four-year university to attain a Bachelor’s degree for professional careers in related fields, and
- To provide students with knowledge and skills to enter the workforce.

Requirements

Students may graduate from NHU with an Associate of Arts Degree (A.A.) by satisfying the following requirements:

- Complete a minimum of 68 semester units of college credit;
- Meet requirements for the Core Courses;
- Meet requirements for the major as described in the catalog;
- Complete a minimum of 34 units in General Education;
- Attain an overall grade point average of “C” (2.0) or higher.

Note: The Associate degree requires fewer General Education courses than the Bachelor’s degree.

General Plan

<table>
<thead>
<tr>
<th>Category</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>NHU Core Course</td>
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<tr>
<td>General Education Courses</td>
<td>34</td>
</tr>
<tr>
<td>Liberal Studies Courses</td>
<td>24</td>
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<tr>
<td>- Lower Division (15 units)</td>
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<tr>
<td>- Emphasis (9 units)</td>
<td></td>
</tr>
<tr>
<td>Total</td>
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</table>

NHU Core Courses

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>CS 100</td>
<td>3</td>
</tr>
</tbody>
</table>
| Introduction to Computers
| CS 103    | 3     |
| Advanced Computer Applications
| SPA 100   | 3     |
| Elementary Spanish
| OR        |       |
| SPA 230   | 3     |
| Spanish for the Spanish Speaker I
| INF 100   | 1     |
| Information Competency

64
## General Education Courses

### Area A: Communication In The English Language (9 units)

**Oral Communication**
- SPC 100  3 units

**Written Communication**
- ENG 100  3 units

**Critical Thinking**
- ENG 201  3 units

**OR**
- PHL 200  3 units

### Area B: Physical Universe and Its Life Forms (7 units)

**Life Science**
- BIO 100  4 units

**Mathematics**
- MAT 108  3 units

### Area C: Arts, Literature, Philosophy, and Foreign Languages: (9 units)

**Arts**
- ART 100  3 units

**Letters**
- PHL 100  3 units

### Article I. Humanities

- ENG 250  3 units

### Area D: Social, Political and Economic Institutions and Behavior (9 units)

**Human Behavior**
- ANT 100  3 units

**OR**

### Comparative Systems
- HIS 100  3 units
- U.S. History I

### Social Issues
- HIS 201  3 units
- U.S. History II

### Liberal Studies Courses Lower Division Requirements (15 units)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHE 130</td>
<td>3</td>
</tr>
<tr>
<td>DAN 120</td>
<td>1.5</td>
</tr>
<tr>
<td>ETH 265</td>
<td>3</td>
</tr>
<tr>
<td>MAT 200</td>
<td>3</td>
</tr>
<tr>
<td>MUS 120</td>
<td>1.5</td>
</tr>
<tr>
<td>PHY 120</td>
<td>3</td>
</tr>
</tbody>
</table>

### Emphasis Requirements (9 units)

Select Emphasis I or Emphasis II.

**Emphasis I - Cross Cultural Studies**

The objective of the Cross Cultural Studies emphasis is to provide the student with an opportunity to analyze the different cultures and ethnic groups in the U.S. With this knowledge, the student will be able to contribute to the understanding and the cooperation among cultures in this country. Some of the places where this knowledge can be applied are in non-profit organizations, human resources offices, and as teachers.

- EDU 250  3 units
- LS 200  3 units

**Emphasis II - Liberal Studies Service Learning**

- ETH 134  3 units
Select one (1) class from the following:

- **ETH 317** 3 units  
  African American Studies

- **ETH 318** 3 units  
  Asian American Studies

- **ETH 319** 3 units  
  Native American Studies

**Emphasis II - Child Development**

The objective of the Child Development emphasis is to provide students with a rich knowledge base of content, pedagogy and technology to address the diverse learning needs of a multicultural population. Some of the places where this knowledge can be applied are in day care centers and elementary schools.

- **CD 100** 3 units  
  Child, Growth, and Development

- **CD 200** 3 units  
  Child Development and Community Inter-relationships

- **EDU 250** 3 units  
  Field Experience in the Classroom

**Bachelor of Arts in Liberal Studies (Credential Option)**

In order to meet the academic requirements for graduation with a Bachelor of Arts Degree, students must:

- Complete a minimum of 126 semester units of college credit;
- Satisfy NHU General Education Breadth requirements as described in this Catalog;
- Meet requirements for the Core Courses;
- Meet requirements for the major as described in this catalog;
- Complete a minimum of the University’s 30 semester units residency requirement;
- Complete a minimum of 45 upper division units for graduation;
- Attain an overall grade point average of “C” (2.0) or higher with a “C” (2.0) or higher in all units attempted in the major;
- Satisfy the University’s writing skills requirement. This requirement is satisfied by passing the NHU Junior Writing Proficiency Exam;
- Satisfy the U.S. History and Constitution requirement. Taking HIS 100 and HIS 201 satisfies this requirement.

In addition, students must:
- File a formal application for graduation with the Department Chair.
- Insure that all financial obligations to the University have been met, including payment of outstanding fees.

**Requirements**

Students who are candidates for the Bachelor’s Degree must satisfactorily complete the last 30 units of residency at NHU. All students must also satisfactorily complete a minimum of 15 upper division units in their major at NHU over and above those units satisfactorily completed in the equivalent major at another institution. These 15 units may be part of the last 30 residency units.

**General Plan**

<table>
<thead>
<tr>
<th>NHU Core Courses</th>
<th>13 units</th>
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</thead>
<tbody>
<tr>
<td>General Education Courses</td>
<td>49 units</td>
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<tr>
<td>- Lower Division (40 units)</td>
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<td>- Upper Division (9 units)</td>
<td></td>
</tr>
<tr>
<td>Liberal Studies Courses</td>
<td>64 units</td>
</tr>
<tr>
<td>- Lower Division (18 units)</td>
<td></td>
</tr>
<tr>
<td>- Upper Division (31 units)</td>
<td></td>
</tr>
<tr>
<td>- Emphasis (15 units)</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>126 units</td>
</tr>
</tbody>
</table>

**NHU Core Courses**

- **CS 100** 3 units  
  Introduction to Computers

- **CS 103** 3 units  
  Advanced Computer Applications

- **SPA 100** 3 units  
  Elementary Spanish I

  And

- **SPA 110** 3 units  
  Elementary Spanish II

  OR
SPA 230 3 units
Spanish for the Spanish Speaker I

And

SPA 231 3 units
Spanish for the Spanish Speaker II

INF 100 1 unit
Information Competency

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General Education Courses

Lower Division Requirements (18 units)

Area A: Communication In The English Language and Critical Thinking (9 units)

Oral Communication
SPC 100 3 units
Public Speaking

Written Communication
ENG 100 3 units
English Composition and Reading

Critical Thinking
ENG 201 3 units
Critical Thinking, Reading, and Writing Across the Curriculum

OR

PHL 200 3 units
Introduction to Logic

Area B: Physical Universe and Its Life Forms: (10 units)

Physical Science
GEO 200 3 units
Physical Geography

Life Science
BIO 100 4 units
General Biology

Mathematics
MAT 108 3 units
Number Systems

Area C: Arts, Literature, Philosophy, and Foreign Languages: (9 units)

Arts
ART 238 3 units
Visual and Performing Arts

Letters
PHL 100 3 units
Introduction to Philosophy

Humanities
ENG 250 3 units
Contemporary Multicultural Literature

Area D: Social, Political and Economic Institutions and Behavior (9 units)

Human Behavior
ANT 100 3 units
Introduction to Anthropology

PSY 100 3 units
Introduction to Psychology

Comparative Systems
HIS 100 3 units
U.S. History I

Social Issues
HIS 201 3 units
U.S. History II

Area E: Lifelong Understanding and Self Development (3 units)

ANT 125 3 units
Human Understanding and Development

OR

UNI 100 3 units
First-Year Seminar

Upper Division Requirements (9 units)

Area I: Advanced Written Composition (3 units)

ENG 300 3 units
Advanced Writing Skills

Area II Human Expression Across the Globe (3 units)

ENG 301 3 units
World Literature

OR

PHL 300 3 units
Personal, Professional, and Social Ethics

Area III: World Issues and Problems (3 units)

HIS 314 3 units
World History I

OR

SPC 300  3 units
Argumentation and Advocacy of World Issues

**Liberal Studies Major Courses**

**Lower Division Requirements (18 units)**

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHE 130</td>
<td>3</td>
</tr>
<tr>
<td>CD 100</td>
<td>3</td>
</tr>
<tr>
<td>DAN 120</td>
<td>1.5</td>
</tr>
<tr>
<td>ETH265</td>
<td>3</td>
</tr>
<tr>
<td>MUS 121</td>
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<tr>
<td>PHY 120</td>
<td>3</td>
</tr>
<tr>
<td>MAT 200</td>
<td>3</td>
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</tbody>
</table>

**Upper Division Requirements (31 units)**

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
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<tbody>
<tr>
<td>EDU 300</td>
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<td>EDU 447</td>
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<td>EDU 490</td>
<td>1</td>
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<tr>
<td>ENG 302</td>
<td>3</td>
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<td>ENG 303</td>
<td>3</td>
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<tr>
<td>ENG 401</td>
<td>3</td>
</tr>
<tr>
<td>ETH 400</td>
<td>3</td>
</tr>
<tr>
<td>GEO 300</td>
<td>3</td>
</tr>
</tbody>
</table>

**Emphasis Requirements (15 units)**

Select Emphasis I, II, or Emphasis III.

**Emphasis I - Cross Cultural Studies**

The objective of the Cross Cultural Studies emphasis is to provide the student with an opportunity to analyze the different cultures and ethnic groups in the U.S. With this knowledge, the student will be able to contribute to the understanding and the cooperation among cultures in this country. Some of the places where this knowledge can be applied are in non-profit organizations, human resources offices, and as teachers. Student must select the two required courses and any three of the remaining courses:

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>EDU 250</td>
<td>3</td>
</tr>
<tr>
<td>ETH 432</td>
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</table>

Select any two (2) of the following courses:

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>ETH 317</td>
<td>3</td>
</tr>
<tr>
<td>ETH 318</td>
<td>3</td>
</tr>
<tr>
<td>ETH 319</td>
<td>3</td>
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</table>

Select one (1) of the following courses:

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>ETH 400</td>
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</table>

**Emphasis II - American Literature**

Select any two (2) of the following courses:

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>ENG 302</td>
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</tr>
<tr>
<td>ETH 400</td>
<td>3</td>
</tr>
</tbody>
</table>

Select one (1) of the following courses:

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>ETH 317</td>
<td>3</td>
</tr>
</tbody>
</table>

**Emphasis III - Native American Studies**

Select any two (2) of the following courses:

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENG 303</td>
<td>3</td>
</tr>
<tr>
<td>ETH 400</td>
<td>3</td>
</tr>
</tbody>
</table>

Select one (1) of the following courses:

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>ETH 317</td>
<td>3</td>
</tr>
</tbody>
</table>
ETH 322 3 units
Latin American Families in the U. S.

ETH 350 3 units
Chicano History

ETH 351 3 units
Mexican History

**Emphasis II - Child Development**

The objective of the Child Development emphasis is to provide students with a rich knowledge base of content, pedagogy and technology to address the diverse learning needs of a multicultural population. Some of the places where this knowledge can be applied are in day care centers and elementary schools. Students must select the three required courses and any two of the remaining courses:

- **CD 200 (required)** 3 units
  Child, Development and Community Interrelationships

- **EDU 250 (required)** 3 units
  Field Experience in the Classroom

- **CD 453** (required capstone course) 3 units
  Research in Child Development

*Select two (2) of the following courses:*

- **CD 351** 3 units
  Cultural Dimensions Related to Child Development

- **CD 352** 3 units
  Cognitive and Language Development in Early Childhood

- **CD 454** 3 units
  Practicum in Early Childhood Education II

- **ETH 265** 3 units
  Minorities in the U.S.

- **PSY 325** 3 units
  The Exceptional Child

**Emphasis III – Chicano/Latino Studies**

The Chicano/Latino Studies Emphasis is an interdisciplinary emphasis that provides a well-rounded introduction to the Chicano/Latino community. Students will gain an understanding of this community’s important historical, cultural, social and political issues. This community is the largest ethnic group in the region and has been dramatically underserved by social institutions, including higher education. The knowledge acquired in this emphasis will enable them to be more culturally competent as classroom teachers. Students must take fifteen units, which includes the required EDU 250 and ETH 432 courses:

- **EDU 250 (required)** 3 units
  Field experience in the Classroom

- **ETH 432** (required capstone course) 3 units
  Advanced Multicultural Relations

*Select one (1) of the following courses:*

- **ANT 422** 3 units
  Cultures of Mexico

- **ETH 350** 3 units
  Chicano History

- **ETH 351** 3 units
  Mexican History

*Select two (2) of the following courses:*

- **ETH 301** 3 units
  Chicano/Latino Literature

- **ETH 321** 3 units
  Chicana/Latina Women in the U. S.

- **ETH 322** 3 units
  Latin American Families in the U. S.

**Bachelor of Arts in Liberal Studies--General Option**

In order to meet the academic requirements for graduation with a Bachelor of Arts Degree, students must:
- Complete a minimum of 126 semester units of college credit;
- Satisfy NHU General Education Breadth requirements as described in this Catalog;
- Meet requirements for the Core Courses;
- Meet requirements for the major as described in this catalog;
- Complete a minimum of the University’s 30 semester units residency requirement;
- Complete a minimum of 45 upper division units for graduation;
• Attain an overall grade point average of “C” (2.0) or higher with a “C” (2.0) or higher in all units attempted in the major;

• Satisfy the University’s writing skills requirement. This requirement is satisfied by passing NHU Junior Writing Proficiency Exam;

• Satisfy the U.S. History and Constitution requirement. Taking HIS 100 and HIS 201 satisfies this requirement.

In addition, students must:

• Insure that all financial obligations to the University have been met, including payment of outstanding fees.

**Requirements**

Students who are candidates for the Bachelor’s Degree must satisfactorily complete the last 30 units of residency at NHU. All students must also satisfactorily complete a minimum of 15 upper division units in their major at NHU over and above those units satisfactorily completed in the equivalent major at another institution. These 15 units may be part of the last 30 residency units.

**General Plan**

<table>
<thead>
<tr>
<th>Course Type</th>
<th>Units</th>
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<tbody>
<tr>
<td>NHU Core Courses</td>
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</tr>
<tr>
<td>General Education Courses</td>
<td>49</td>
</tr>
<tr>
<td>- Lower Division (40 units)</td>
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<tr>
<td>- Upper Division (9 units)</td>
<td></td>
</tr>
<tr>
<td>Liberal Studies Courses</td>
<td>64</td>
</tr>
<tr>
<td>- Lower Division (9 units)</td>
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<tr>
<td>- Upper Division (31 units)</td>
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<tr>
<td>- Emphasis (24 units)</td>
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<tr>
<td>Total</td>
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**NHU Core Courses**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Units</th>
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<tbody>
<tr>
<td>CS 100</td>
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<tr>
<td>CS 103</td>
<td>3</td>
</tr>
<tr>
<td>SPA 100</td>
<td>3</td>
</tr>
<tr>
<td>SPA 110</td>
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<tr>
<td>INF 100</td>
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<table>
<thead>
<tr>
<th>Course Code</th>
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<tbody>
<tr>
<td>SPA 230</td>
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<tr>
<td>SPA 231</td>
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<tr>
<td>INF 100</td>
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**General Education Courses**

**Lower Division Requirements (18 units)**

**Area A: Communication In The English Language and Critical Thinking (9 units)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>SPC 100</td>
<td>3</td>
</tr>
<tr>
<td>ENG 100</td>
<td>3</td>
</tr>
<tr>
<td>GEO 200</td>
<td>3</td>
</tr>
<tr>
<td>BIO 100</td>
<td>4</td>
</tr>
<tr>
<td>MAT 108</td>
<td>3</td>
</tr>
<tr>
<td>ART 100</td>
<td>3</td>
</tr>
</tbody>
</table>

**Area B: Physical Universe and Its Life Forms: (10 units)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>GEO 200</td>
<td>3</td>
</tr>
<tr>
<td>BIO 100</td>
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</tbody>
</table>

**Area C: Arts, Literature, Philosophy, and Foreign Languages: (9 units)**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>ART 100</td>
<td>3</td>
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</table>

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>SPA 230</td>
<td>3</td>
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<tr>
<td>SPA 231</td>
<td>3</td>
</tr>
<tr>
<td>INF 100</td>
<td>1</td>
</tr>
</tbody>
</table>
**ART238**  3 units  Visual and Performing Arts-3 units  

**Letters**  
PHL 100  3 units  Introduction to Philosophy  

**Humanities**  
ENG 250  3 units  Contemporary Multicultural Literature  

**Area D: Social, Political and Economic Institutions and Behavior (9 units)**  
**Human Behavior**  
ANT 100  3 units  Introduction to Anthropology  

OR  
PSY 100  3 units  Introduction to Psychology  

**Comparative Systems**  
HIS 100  3 units  U.S. History I  

**Social Issues**  
HIS 201  3 units  U.S. History II  

**Area E: Lifelong Understanding and Self Development (3 units)**  
ANT 125  3 units  Human Understanding and Development  

OR  
UNI 100  3 units  First-Year Seminar  

**Upper Division Requirements (9 units)**  
**Area I: Advanced Written Composition (3 units)**  
ENG 300  3 units  Advanced Writing Skills  

**Area II Human Expression Across the Globe (3 units)**  
ENG 301  3 units  World Literature  

OR  
PHL 300  3 units  Personal, Professional, and Social Ethics  

**Area III: World Issues and Problems (3 units)**  
HIS 314  3 units  World History I  

OR  
SPC 300  3 units  Argumentation and Advocacy of World Issues  

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**Liberal Studies Major Courses**  
**Lower Division Requirements (9 units)**  
ANT 100  3 units  Introduction to Anthropology  

OR  
PSY 100  3 units  Introduction to Psychology  

ETH134  3 units  Chicano/Latino Culture  

LS200  3 units  Liberal Studies Service Learning  

**Upper Division Requirements (31 units)**  
LS 300  3 units  Gateway to Liberal Studies General Option  
EDU 490  1 unit  Senior Seminar  
ENG 302  3 units  American Literature I  
ENG 303  3 units  American Literature II  
ETH 400  3 units  Gender, Race and Culture in American Society  
(Genre Social Science Course)  
GEO 300  3 units  Cultural Geography  
HIS 313  3 units  California History  
HIS 414  3 units  World History II  
LIN 406  3 units  Comparative Linguistics  
MAT 312  3 units  Educational Statistics
PHL 300  3 units  
Personal, Professional, and Social Ethics

**Emphasis Requirements (24 units)**

**Select Emphasis I or Emphasis II.**

**Emphasis I - Cross Cultural Studies**

The objective of the Cross Cultural Studies emphasis is to provide the student with an opportunity to analyze the different cultures and ethnic groups in the U.S. With this knowledge, the student will be able to contribute to the understanding and the cooperation among cultures in this country. The knowledge acquired in this emphasis will enable them to be more culturally competent in a wide variety of setting such as non-profit social service organizations and the private sector.

ETH 265 - 3 units  
Minorities in the United States

ETH 317  3 units  
African American Studies

ETH 318  3 units  
Asian American Studies

ETH 319  3 units  
Native American Studies

ETH 432  (capstone course)  3 units  
Advanced Multicultural Relations

*Students may select any three of the following courses:*

ANT 422  3 units  
Cultures of Mexico

ETH 301  3 units  
Chicano/Latino Literature

ETH 321  3 units  
Chicana/Latina Women in the U. S.

ETH 322  3 units  
Latin American Families in the U. S.

ETH 350  3 units  
Chicano History

ETH 351  3 units  
Mexican History

ETH 432  (capstone course)  3 units  
Advanced Multicultural Relations

**Emphasis II – Chicano/Latino Studies**

The Chicano/Latino Studies Emphasis is an interdisciplinary emphasis that provides a well-rounded introduction to the Chicano/Latino community. Students will gain an understanding of this community’s important historical, cultural, social and political issues. This community is the largest ethnic group in the region and has been dramatically underserved by social institutions, including higher education. The knowledge acquired in this emphasis will enable them to be more culturally competent in a wide variety of setting such as non-profit social service organizations and the private sector.

ANT 422  3 units  
Cultures of Mexico

ETH 265  3 units  
Minorities in the United States

ETH 301  3 units  
Chicano/Latino Literature

ETH 321  3 units  
Chicana/Latina Women in the U. S.

ETH 322  3 units  
Latin American Families in the U. S.

ETH 350  3 units  
Chicano History

ETH 351  3 units  
Mexican History

ETH 432  (capstone course)  3 units  
Advanced Multicultural Relations